

## The living children tree

In turns, six children sit on the log (or in a line) and act as parts of a tree..  
 One end is the top of the tree the other is the roots.  
 When told to, shout out words in order, starting with Roots -

- Roots - 'I drink water'**
- Bark - 'I protect'**
- Heartwood 'I am strong'**
- Sapwood 'I move water'**
- Cambium 'I move food'**
- Leaves 'I make energy'**

Do this three times and then each person tells all the others why THEY think they are the most important part of the tree.

